



Birchensale Middle School

BELONG MOTIVATE SUCCEED

<https://www.birchensale.worcs.sch.uk/>

**Newsletter
2nd May 2025**

Sports day Wednesday May 21st

We would like to invite parents, carers and children's families to our sports day which will be held at the Abbey Stadium in Redditch.



Feel free to bring a picnic, rug or chairs and make a day of it. More information will be sent to parents/carers closer to the day.



Vaping: The teen epidemic no one is talking about

Vaping among young people has quadrupled in 3 years, and **1 in 5** secondary school students has tried it. The biggest problem? Most kids think it's harmless.

Know the signs – Sweet-smelling clothes, shortness of breath, or secretive behaviour.

Talk about marketing tricks – Many kids don't realise vapes contain nicotine.

Check their bags – Schools are cracking down, but parents play a vital role.

For more information click on the images below and follow the link



Remember to bring your equipment to class every day, this helps you focus on the day without distractions.

Manuscript handwriting pens

Pencil

Ruler

Rubber & sharpener

Glue stick

Planner

Reading book

Pack of pencil crayons

Meaningful May 2025

What you do everyday makes a difference, do something to create happiness everyday in May.

Meaningful May 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 5 Let someone know how much they mean to you and why	 6 Look for people doing good and reasons to be cheerful	 7 Make a list of what matters most to you and why	1 Do something kind for someone you really care about	2 Focus on what you can do rather than what you can't do	3 Take a step towards an important goal, however small	4 Send your friend a photo from a time you enjoyed together
12 Listen to a favourite piece of music and remember what it means to you	13 Find out about the values or traditions of another culture	14 Get outside and notice the beauty in nature	8 Set yourself a kindness mission to help others today	9 What values are important to you? Find ways to use them today	10 Be grateful for the little things, even in difficult times	11 Look around for things that bring you a sense of awe and wonder
19 Reflect on what makes you feel valued and purposeful	20 Share photos of 3 things you find meaningful or memorable	21 Look up at the sky. Remember we are all part of something bigger	15 Do something to contribute to your local community	16 Show your gratitude to people who are helping to make things better	17 Find a way to make what you do today meaningful	18 Send a handwritten note to someone you care about
26 Remember an event in your life that was really meaningful	27 Focus on how your actions make a difference for others	28 Do something special and revisit it in your memory tonight	22 Find a way to help a project or charity you care about	23 Recall three things you've done that you are proud of	24 Make choices that have a positive impact for others today	25 Ask someone else what matters most to them and why
			29 Today do something to care for the natural world	30 Share a quote you find inspiring to give others a boost	31 Find three reasons to be hopeful about the future	

ACTION FOR HAPPINESS **Happier · Kinder · Together**

Redditch United Football Club are running a new football club for Birchensale pupils on Wednesdays after school.

Starting on Wednesday 7th May the club runs from 3.20pm to 4.20pm and costs £3.50 per week.

Redditch United will collect pupils from school and and take them to the football club, parents must then collect at 4.20pm from Redditch United front gates.

If your child wishes to book on then please click on the image and follow the link.

This club is run by Redditch United so any queries please contact them directly.



Keeping Your Child Safe: Key Safeguarding contacts

Keeping children safe is everyone's responsibility. If you have any concerns about a child's safety or wellbeing, here are key contacts that can help:

- **School - Your first point of contact. Speak to the designated Safeguarding Lead (DSL) if you have any concerns, Mr Kearns and Mrs Pugh.**
- **CEOP (Child Exploitation and Online Protection) - For concerns about online safety, grooming, or exploitation. Report at www.ceop.police.uk**
- **NSPCC - Provides confidential support and advice on all safeguarding issues. Call 0808 800 5000 or visit <https://www.nspcc.org.uk/>**
- **Kooth - Free, anonymous online mental health support for young people. Visit www.kooth.com**
- **Police - If a child is in immediate danger, call 999. For non-emergencies, call 101.**

me, you, us
safeguarding is everyone's responsibility

Meet your safeguarding team



Sarah Pugh
Designated Safeguarding
Lead



Pete Clifton
Deputy Designated
Safeguarding Lead



Emma James
Deputy Designated
Safeguarding Lead

Dates for your diary

- May 5th - Bank holiday school closed
- May 12th to 16th - SATS week
- May 16th - Year 6 reward party
- May 21st - Sports day
- June 3rd - Year 8 HPV vaccination day
- July 1st - Summer school games
- July 9th and 10th - Transition days
- July 18th - School finishes for summer

Don't forget.....

Monday 5th May is a Bank Holiday so school will be closed. We reopen on Tuesday 6th May.

Is your child too unwell for school?

To tell us your child is unwell and will not be coming to school please

- 1: Use the my child at school app to report the absence.
2. Email us enquiries@birchensale.bmat.co.uk
- 3: If your app is not working and you are unable to email then please call us on 01527 68430 and when prompted select **option 1**

Thank you



Follow us on social media
click on the logos and follow the link

EARLY HELP IN WORCESTERSHIRE

Help and support for Children, Young People and their families or carers.



FOR MORE INFORMATION,
VISIT THE FAMILY HUB:
WORCESTERSHIRE.GOV.UK/FAMILYHUB



WORCESTERSHIRE
CHILDREN FIRST

NHS

Not sure what to do when your child is unwell?

Download the free HANDi Paediatric app and get expert advice, support and guidance for common childhood illnesses.



Search
"HANDi Paediatric"



Doorstep Sport Project

Redditch United in the Community are hosting Multi Sports & Crafts sessions FREE of charge thanks to the West Mercia Police Crime Commissioner!

Who? - Young people from year 5 to year 11

Where? - Birchensale Middle School

When? - Every Friday 5pm - 7 pm starting **March 7th**



Scan to Book Now!

