

https://www.birchensale.worcs.sch.uk/

Newsletter 4th July 2025



Curriculum Awards Evening



Tuesday 1st July saw our first whole school Curriculum Awards Evening. We celebrated the achievements and successes of pupils from Year 5 to Year 8 in all areas of our school curriculum. The audience were also entertained by the fabulous singing and dancing from some of our hugely talented pupils.

It was a wonderful evening and we are so proud of all of the winners who have worked with dedication, enthusiasm and motivation throughout the academic year. Congratulations to you all!

Thank you to everyone who came along to support and share in the celebrations. It was a great success.

Transition workshops

Pastoral support Mrs Nelsey, held transition workshops for parents to support their child through the transition to year 7. The session covered:

- How to recognise when your child is anxious.
- How anxiety impacts the brain and behaviour (understanding the fight / flight system).
- Strategies to manage anxiety, with an emphasis on preparing for transition.

Feedback from parents has been very positive and they found the workshop to have been very helpful. Some feedback included:

'The way it was delivered was helpful and also learning about ways to help relax anxiety'. 'Learning about how anxiety can present itself in different ways was really useful'

Thank you to all those who attended.





drinks and sweets We cannot wait to see our pupils and their families there!

BIRCHENSALE MIDDLE SCHOOL SUMMER FAIR NEEDS YOU!!

Would you like to run a stall at our summer fair and colour run?
Being held on **Friday 11th July** from **3.30pm** onwards, this promises to be a fun filled afternoon. We are looking for fun stalls for pupils and families such as glitter tattoos, glitter hair braids etc

If you would like to have a stall please send an email for the attention of Dr Austin to enquiries@birchensale.bmat.co.uk





FREE online talk



Supporting Healthy Screen Use

Screens are here to stay.
What are the potential harms and how can we reduce them?

To book your place go to the **PARENTS** page (facefamilyadvice.co.uk)





Bringing Support and Self-Defence to Woodrow



This summer, Redditch residents are being offered a lifeline of support, advice, and personal safety-all for free. From 21st July to 25th August, the Unity Hub Sessions will be running every Monday and Wednesday at 1pm at the community centre opposite the Liabry Woodrow Centre.

These drop-in sessions provide a relaxed and welcoming space where anyone can come along, have a brew, and speak to someone who will listen. Whether you're looking for emotional support, practical advice, or simply a friendly face, the Unity Hub team is here to help signpost you to the right services.

you to the right services. In addition, every Friday during this period will feature a Free Self-Defence session for the whole family. These sessions are open to all, though children under 12 must be accompanied un adult. It's a fantastic opportunity to boost your confidence, learn valuable safety skills, and connect with your local community in a proactive, empowering way. The programme is delivered

in partnership with Redditch Borough Council, Public Health, and Redditch Police SNT, as part of the wider #Droptheknife campaign

campaign. Whether you're seeking guidance, companionship, or practical self-defence training, the Unity Hub Sessions are a vital community initiative not to be missed.

For more information, visit www.redditchselfdefence.co.uk pmar2711@yahoo.co.uk 07500 693452

Redditch Self Defence Association

LOCATION: BEHIND THE OLD NEEDLE FACTORY, BRITTEN STREET, 897 6HD



	9:30am	10:30am	11am	1pm	6pm	6:30pm	7pm	7:15pm
MON			FREE OPEN TRAINING	DROP IN SESSION WEST MERCIA POLICE WOODROW COMMUNITY CENTRE			TEENS BOXING	
TUE								AKIDO
WED			FREE OPEN TRAINING	DROP IN SESSION WEST MERCIA POLICE WOODROW COMMUNITY CENTRE	FREE FAMILY BOXING			PRIVATE HIR LONEWOLFP
THUR							OVER 40's FIGHT CLUB	
FRI			FREE OPEN TRAINING			FREE FAMILY SELF DEFENCE WOODROW COMMUNITY CENTRE		
SAT	AIKI GOSHIN JUTSU	WOMEN & GIRLS BOXING	FREE TEENS SELF DEFENCE					



Keeping Your Child Safe: Key Safeguarding

Keeping children safe is everyone's responsibility. If you have any concerns about a child's safety or wellbeing, here are key contacts that can help:

- School Your first point of contact. Speak to the designated Safeguarding Lead (DSL) if you have any concerns, Mr Kearns and Mrs Pugh.
- CEOP (Child Exploitation and Online Protection) - For concerns about online safety, grooming, or exploitation. Report at www.ceop.police.uk
- NSPCC Provides confidential support and advice on all safeguarding issues. Call 0808 800 5000 or visit

https://www.nspcc.org.uk/

- Kooth Free, anonymous online mental health support for young people. Visit www.kooth.com
- Police If a child is in immediate danger, call 999. For nonemergencies, call 101.

Me, yth, U\$ safeguarding is everyone's responsibility

<u>Meet your</u> <u>safeguarding team</u>



Sarah Pugh
Designated Safeguarding
Lead



Teresa Dawson Deputy Designated Safeguarding Lead



Pete Clifton
Deputy Designated
Safeguarding Lead



Emma James
Deputy Designated
Safeguarding Lead

Dates for your diary

July **7**th - New pupil transition evening

July 9th and 10th - Transition days

July 11th - Year 7 bowling trip Summer fair 3.30pm to 5.30pm

July 17th - Year 8 leavers party

July 18th - School finishes for summer











